

October 2017



Elementary Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6 World Smile Day
<ul style="list-style-type: none"> • Teriyaki Chicken over Rice w/Bread Stick • Hearty Beef Hamburger • Yogurt Parfait • Fresh Baby Carrots • Steamed Green Beans • Chilled Peaches 	<ul style="list-style-type: none"> • Nacho Rounds • Turkey Super Salad w/ Roll • Soft Pretzel w/Cheese Sauce • Sweet Corn • Broccoli Florets • Chilled Mixed Fruit 	<ul style="list-style-type: none"> • Popcorn Chicken w/Bread Stick • BBQ Pulled Pork Sandwich • Yogurt Parfait • Tangy Baked Beans • Spiral Cut Potatoes • Fresh Baby Carrots • Chilled Pineapple 	<ul style="list-style-type: none"> • Stuffed Crust Cheese Pizza • Stuffed Crust Pepperoni Pizza • Turkey Sandwich on Goldfish Breaf • Goldfish Crackers • Cobb Super Salad w/Roll • Steamed Mixed Vegetables • Fresh Apple Slices 	<ul style="list-style-type: none"> • Shepard's Pie w/Roll • Corn Dog Minis • Soft Pretzel w/Cheese Sauce • Glazed Carrots • Broccoli Florets • Chilled Pears 
9	10	11	12	13
<ul style="list-style-type: none"> • Penne w/Meatballs and Garlic Bread Stick • Mozzarella Stuffed Breadstick • Yogurt Parfait • Fresh Baby Carrots • Steamed Green Beans • Diced Peaches 	<ul style="list-style-type: none"> • Nacho Rounds • Turkey Super Salad w/ Roll • Soft Pretzel w/Cheese Sauce • Sweet Corn • Broccoli Florets • Chilled Mixed Fruit 	<ul style="list-style-type: none"> • Crispy Chicken Sandwich • Shaved Beef and Cheese Sub • Yogurt Parfait • Tangy Baked Beans • Fresh Baby Carrots • Chilled Pineapple 	<ul style="list-style-type: none"> • Stuffed Crust Cheese Pizza • Stuffed Crust Pepperoni Pizza • Goldie's Grab N Go - Turkey Italian Super Salad w/ Roll • Steamed Mixed Vegetables • Fresh Cucumber Coins • Fresh Apple Slices 	<ul style="list-style-type: none"> • Fajita Chicken and Rice w/ Roll • Calzonettes • Soft Pretzel w/Cheese Sauce • Glazed Carrots • Broccoli Florets • Blueberries & Cream
16	17	18	19	20
<ul style="list-style-type: none"> • Oriental Orange Chicken w/ Rice • Fish N Chips • Yogurt Parfait • Fresh Baby Carrots • Steamed Green Beans • Chilled Peaches 	<ul style="list-style-type: none"> • Nacho Rounds • Turkey Super Salad w/ Roll • Soft Pretzel w/Cheese Sauce • Sweet Corn • Broccoli Florets • Chilled Mixed Fruit 	<ul style="list-style-type: none"> • Chicken Tenders w/Garlic Breadstick • Stuffed Crust Cheese Pizza • Stuffed Crust Pepperoni Pizza • Yogurt Parfait • Tangy Baked Beans • Mashed Potatoes • Fresh Baby Carrots • Chilled Pineapple 	<ul style="list-style-type: none"> • Stuffed Crust Cheese Pizza • Stuffed Crust Pepperoni Pizza • Tasty Turkey Wrap • Cobb Super Salad w/Roll • Steamed Mixed Vegetables • Fresh Cucumber Coins • Fresh Apple Slices 	<ul style="list-style-type: none"> • Chicken Alfredo w/ Garlic Breastick • Hot Dog • Soft Pretzel w/Cheese Sauce • Glazed Carrots • Chilled Pears • Broccoli Florets
23	24	25	26	27
<ul style="list-style-type: none"> • Teriyaki Chicken over Rice w/Bread Stick • Hearty Beef Hamburger • Yogurt Parfait • Fresh Baby Carrots • Steamed Green Beans • Chilled Peaches 	<ul style="list-style-type: none"> • Nacho Rounds • Turkey Super Salad w/ Roll • Soft Pretzel w/Cheese Sauce • Sweet Corn • Broccoli Florets • Chilled Mixed Fruit 	<ul style="list-style-type: none"> • Popcorn Chicken w/Bread Stick • BBQ Pulled Pork Sandwich • Yogurt Parfait • Tangy Baked Beans • Spiral Cut Potatoes • Fresh Baby Carrots • Chilled Pineapple 	<ul style="list-style-type: none"> • Stuffed Crust Cheese Pizza • Stuffed Crust Pepperoni Pizza • Turkey Sandwich on Goldfish Breaf • Goldfish Crackers • Cobb Super Salad w/Roll • Steamed Mixed Vegetables • Fresh Apple Slices 	<ul style="list-style-type: none"> • Shepard's Pie w/Roll • Corn Dog Minis • Soft Pretzel w/Cheese Sauce • Glazed Carrots • Broccoli Florets • Chilled Pears
30	31			
<ul style="list-style-type: none"> • Penne w/Meatballs and Garlic Bread Stick • Mozzarella Stuffed Breadstick • Yogurt Parfait • Fresh Baby Carrots • Steamed Green Beans • Diced Peaches 	<ul style="list-style-type: none"> • Nacho Rounds • Turkey Super Salad w/ Roll • Soft Pretzel w/Cheese Sauce • Sweet Corn • Broccoli Florets • Chilled Mixed Fruit 			

Daily Beverage Options: Apple Juice , Orange Juice , 1% White Milk , Fat-Free/Skim Milk , Fat-Free Chocolate Milk



More Details: <http://citrus.nutrislice.com>

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